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East Oakland Boxing Association receives \$10K-plus worth of new equipment from Warriors player

Juan Martinez

After helping his team record a 108-98 home victory against the Phoenix Suns on Wednesday at Oracle Arena, Golden State Warriors power forward Carl Landry made a visit to the East Oakland Boxing Association in conjunction with national nonprofit organization Good Sports.

Landry teamed up with Good Sports to donate new boxing, fitness and general recreation equipment to a group of kids at the EOBA on Thursday. About 50 aspiring young fighters, women and children gathered around the NBA star for a Q & A session and an autograph session at the boxing gym located at 816 98th Ave. in East Oakland.

"I'm grateful to be here working with you guys," Landry said. "I'm here to talk to you about staying fit and in shape, staying active and how to take care of your bodies."

In his sixth NBA season, Landry is having one of the best seasons of his career. The Warriors' six-foot-nine forward is averaging just under 12 points a game and also is collecting six rebounds a game. Still, as important as his contributions seem to be for the Warriors this year, Landry admits it is even more important for him to give back to those who have helped him over the years.

"Growing up as a kid in Milwaukee, Wisc., I didn't have things like this," Landry said. "But now I work out everyday. Everyday my teammates and I go out and play for our families, fans and community."

Landry was asked several questions from children during the Q & A portion of his visit. The questions ranged from what is the name of his head coach to general questions about the game of basketball. After answering questions and speaking about the importance of athletics and teamwork, he signed autographs and posed for photos with kids at the EOBA.

"It is always important to learn about the sport your playing," Landry said. "You have to learn about technique. When I went to college at Purdue, one of my coaches would always talk about technique."



The Golden State Warriors won its' 31st game on Feb. 20 to snap a six-game losing streak. With a record of 31-23, the Warriors are vying for a playoff spot and currently hold the sixth seed in the Western Conference. Landry will join his team on Friday, Feb. 22, at 7:30 p.m. to continue their current home stand against the San Antonio Spurs - the team with the best overall record in the NBA.

"We were happy to win against the Suns," Landry said. "We had a six game losing streak."

The East Oakland Boxing Association has been helping local communities for more than 25 years. The EOBA has provided free programming to the East Oakland community since 1987.

Since 2003, Good Sports has provided over \$8 million worth of equipment to 1,000 youth programs. Partnering with sporting goods manufacturers, Good Sports provides athletic equipment footwear, and apparel to disadvantaged young people nationwide.

For more information on Good Sports, visit goodsports.org.

<http://oaklandlocal.com/article/east-oakland-boxing-association-receives-10k-plus-worth-new-equipment-warriors-player>